

DID YOU KNOW?

- ◆ One in nine Americans—more than 26 million people—have chronic kidney disease and another 26 million more are at risk
- ◆ More than 100,000 people die each year from chronic kidney failure
- ◆ Diabetes and high blood pressure are the two most common causes of kidney failure
- ◆ People with, or with a family history of, diabetes and high blood pressure are at greater risk of developing chronic kidney disease
- ◆ Treating diabetes and high blood pressure will lower your risk of developing kidney disease
- ◆ Anemia is a frequently associated complication of chronic kidney disease
- ◆ In many cases, kidney failure can be prevented or delayed through early detection and proper treatment
- ◆ Simple blood and urine tests to check for chronic kidney disease are available

Upcoming Screening Dates

March 29, 2011, Legislative Office Building, Albany

April 3, 2011, St. John's Church, Albany

May 1, 2011, Queensbury Hotel, Glens Falls

Please call 518-533-7883 to make a screening appointment

Northeast Kidney Foundation

The mission of the Northeast Kidney Foundation is to improve the quality of life for those affected by kidney disease and related conditions by early identification, intervention, prevention and support; to promote organ donation; and to empower those we serve to be an effective voice for better healthcare at the local, state and federal levels.

N O R T H E A S T K I D N E Y
F O U N D A T I O N

99 Troy Road, Suite 200
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Northeast Kidney Foundation

Kidney Screening Program

A free early intervention, education and prevention program for those at risk for chronic kidney disease.

Call us today at
518-533-7883

W W W . H E A L T H Y K I D N E Y S . O R G

About the Kidney Screening Program

The Kidney Screening Program is a free health screening program offered by the Northeast Kidney Foundation (NKF) for individuals at increased risk of developing kidney disease.

You should be screened for a number of reasons!

- ◆ To find out if you are at risk for kidney disease
- ◆ To learn more about kidney disease, especially if you are at high risk
- ◆ To receive free testing if you are at increased risk
- ◆ To be more informed so you can discuss risk factors you may have with your doctor and discuss a treatment plan
- ◆ To prevent or delay kidney damage if you are at risk
- ◆ To receive a doctor referral for follow up care if you need one
- ◆ To obtain more information and support

Who should attend a Kidney Screening Program?

You should attend a kidney screening if you are 18 years of age or older and have one or more of the following:

- ◆ Diabetes
- ◆ High blood pressure
- ◆ A parent, grandparent, brother or sister with diabetes, high blood pressure or kidney disease

What Will Happen at the Kidney Screening Program?

One or more of the following services will be provided to you during the Kidney Screening Program::

- ◆ Height, weight and blood pressure measurements
- ◆ Blood and urine tests for signs of diabetes and kidney disease including
 - Blood glucose check (sugar)
 - Hemoglobin check (test for anemia)
 - Urine dipstick to see if protein or Blood is present
 - Serum creatinen (how well kidneys are filtering blood)
 - Glomerular filtration rate (kidney function)
 - Lipid panel
 - Calcium test
 - Phosphorus test
 - PTH test

What Happens After the Kidney Screening Program

The Northeast Kidney Foundation will:

- ◆ Contact you with the results
- ◆ Send your results to your doctor (with your permission)
- ◆ Refer you to a doctor or a public health facility, if needed
- ◆ Provide additional information, education and support
- ◆ Invite you to attend future Kidney Screening Programs so that we can help you monitor your risk factors

How can I Participate?

To obtain more information or to sign up for a screening in your area call 518-533-7883 or visit our website at www.healthykidneys.org

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